

Power of Memory – Medha Sūktam - 3 class course
Venue: Studio Vibration 108 Rue Lesbroussart, Ixelles 1050
Time: Tuesday mornings 11.00AM-12.30PM (23/4, 30/4, 7/5)



The brilliant seers or ṛṣīs of ancient India knew exactly the specific qualifications to reach the supreme spiritual ideal. They therefore also perfected their power of memory. Why did they do this?

Smṛti or Memory we speak of here is not in its ordinary psychological sense of memory but in a very special sense. It is the experience of many aspirants that our lessons are often forgotten and we have to re-learn the same experiences repeatedly involving tremendous effort.

The Yogī has to acquire the capacity to note the lessons of experience and to retain them in his or her consciousness for future guidance. The aspirant for Liberation must have the capacity to learn from all experiences quickly and finally, not needing to go through the same experiences over and over, due to failure of memory.

Join us on this 3 class course dedicated to the power of yogic memory - Medha Sūktam, an extract from the Taittirīya Upaniṣat.

The course is suitable for all levels and beginners are welcome! This course is especially wonderful for aspiring yogīs and yoginīs in understanding and developing another essential qualification for Samādhi - memory.

Dates & Syllabus:

23rd April - Smṛti in the Yoga Sūtras of Patañjali, understanding the power of memory.
Mantras 1-4 Medha Sūktam

30th April - Mantras 5-8 Medha Sūktam & meaning

7th May - Mantras 9-12 Medha Sūktam & meaning

(The course may extend to May 14th in case one of these dates needs to be rescheduled).

Course fee: 70EUR

70EUR for full course including lifetime access to online support platform which will help you with recordings of the mantras for practice in between classes and for future reference and practice. The online platform will also have key words and meaning and all the Vedic phonetic rules you will need to remember for correct recitation.

If you wish to opt for an online-only study option, please contact me directly for the online registration process. Others who can attend the course in Brussels - Please register by following both points below:

- 1) Transfer the course fee to account number: ING Belgium: BE08 3630 6327 0413 with your name + comment "Medha 2019 course"
- 2) Email to SanskritBelgium@gmail.com with your registration request, name & phone number (so we have your email ID to contact you). If you need an invoice/receipt, please mention this in your email along with your details (Name, address, VAT number/ASBL number).

BTW/TVA #: BE 0833.200.801

More information about me:

www.SanskritBelgium.com